

SOUTH CARLETON HIGH SCHOOL
Ottawa-Carleton District School Board
COURSE OUTLINE

PAD20 - Grade 10 Outdoor Education

Credit Value: 1 credit Hours: 110 Prerequisite: None

Course Description

This co-ed, group-oriented course takes place primarily within 'the outdoor classroom' (on/around the school grounds, local Outdoor Education centre, and extended field trips) as well as within the conventional classroom and **challenges students to learn by doing**. Guided by Outdoor Education's '3 Rs' (Respect, Relatedness, and Responsibility) students will be expected to explore and demonstrate appropriate knowledge, skills, and attitudes within three interconnected themes of *Outdoor Skills, Personal and Group Development and Environmental Understandings*

Course Overview

Strand	Curriculum Expectations
Active Living	
A1	Participate actively and regularly in a wide variety of physical activities, and demonstrate an understanding of factors that can influence and support their participation in physical activity now and throughout their lives.
A2	Demonstrate an understanding of the importance of being physically active, and apply physical fitness concepts and practices that contribute to healthy, active living;
A3	Demonstrate responsibility for their own safety and the safety of others as they participate in physical activities.
Movement Competence: Skills, Concepts, and Strategies	
B1	Perform movement skills, demonstrating an understanding of the basic requirements of the skills and applying movement concepts as appropriate, as they engage in a variety of physical activities.
B2	Apply movement strategies appropriately, demonstrating an understanding of the components of a variety of physical activities, in order to enhance their ability to participate successfully in those activities.
Healthy Living	
H1	Demonstrate an understanding of factors that contribute to healthy development.
H2	Demonstrate the ability to apply health knowledge and living skills to make reasoned decisions and take appropriate actions relating to their personal health and well-being.
H3	Demonstrate the ability to make connections that relates to health and well-being – how their choices and behaviours affect both themselves and others, and how factors in the world around them affect their own and others' health and well-being.
Living Skills: Demonstrate personal and interpersonal skills and the use of critical and creative thinking processes as they acquire knowledge and skills in connection with the above expectations; Active Living, Movement Competence, and Healthy Living	
PS	Personal Skills - self-awareness and self-monitoring skills, take responsibility for their actions, monitor their own progress, use adaptive, management, and coping skills
IS	Interpersonal Skills - communicate effectively, using verbal or non-verbal means, interpret information accurately, apply relationship and social skills, build healthy relationships, and become effective group or team members
CT	Critical & Creative Thinking - use skills to assist making connections, planning and setting goals, analysing and solving problems, making decisions, and evaluating their choices

Accommodations for Exceptional Students

The Outdoor Education Program makes every effort to accommodate the identified needs of exceptional (IPRC'd) students and will attempt to differentiate curriculum delivery methods, student modes of expression, and assessment methods as recommended by the student's individual education plan (IEP).

Evaluation

Term Evaluations (70%)	Summative Evaluation (30%)
Students will be evaluated according to the overall expectations of the Ontario curriculum. <i>Assessment tools include both summative and formative tasks including but not limited to; tests/quizzes, assignments, projects, journal reports, reflections, skill based performance tasks and rich assessment tasks</i>	<i>Summative Tasks include but are not limited to; an overnight hiking/canoe trip(s), reflective essay, a rich assessment task.</i> <i>Summative evaluation will be completed before the exam period begins, summative dates will vary depending on term.</i>

Key Evaluation Dates

*Outdoor Education Summative will come due within the school's Summative and Evaluation Period between January 19th and 30th and June 8th to June 23rd.
Absence from evaluations during these dates must be substantiated with a medical certificate or equivalent documentation as approved by administration.*

STUDENT RESPONSIBILITIES

1. Students are required to attend classes regularly, dress according to weather, maintain a positive attitude, to participate in physical activities to your fullest potential and submit all assigned work.
2. More information on South Carleton High School's policy on Assessment and Evaluation, on Academic Integrity, on punctuality, absenteeism and examinations can be accessed on our school website.