



H2O is the leader in lifeguard and recreation management in the national capital region. We manage various recreation centers and swimming pools throughout the Ottawa/Gatineau area. H2O employs up to 250 students each year (part time during school, and full time in the summer) at over 65 locations. We are currently hiring lifeguards for the summer 2018 session, and we would love to have your students join the H2O team.

Lifeguarding is a great summer job for students as it teaches responsibility, problem solving, customer service skills, independence, first aid and emergency skills, unlike any other part time job. It looks great on a resume and can open doors for students.

To work as a lifeguard in Canada, four qualifications are required; (1) Bronze Medallion, (2) Bronze Cross, (3) Standard First Aid, (4) National Lifeguard Service. For students who are not yet lifeguards, but would like to become certified, H2O can help. We offer low-cost programs designed to make the process of becoming a lifeguard easy. Courses are scheduled on weekends to not interfere with school commitments. For additional information, do not hesitate to contact us by email (admin@h2o.ca) or by phone ([613-789-4020 ext. 2](tel:613-789-4020)). Our website www.h2o.ca is also a great resource.