

Hey, Grade 9s!

Let me introduce myself:

My name is Mrs. Pike and I am your Guidance Counsellor. Nice to virtually meet you! Now that you have settled in a little here at South, I would like to offer you an opportunity to get answers to some of the questions I know you must have.

And it can be any kind of question, not just one about scheduling your courses. While that is important, there's lots of stuff I can help you with. Maybe you are concerned about a course pathway - are you starting to struggle in one of your classes? Are you second-guessing Academic English? Or Applied Science? When your teacher says to "study for a test", what do you do?



Maybe you have a lot going on right now and you're feeling stressed. Or you had an argument with your BFF.

I can help with all of that. And if I can't fix it, we can work on it together, or I will help you find the resources that you need. 😊

So how do we do this? Keep scrolling...

I am going to start by inviting you to a Google Meet.

You can pop by any time between 1:00pm and 2:00pm any Wednesday starting **Sept.30** here:

<https://meet.google.com/mhp-nfpv-hqa?hs=122&authuser=0>

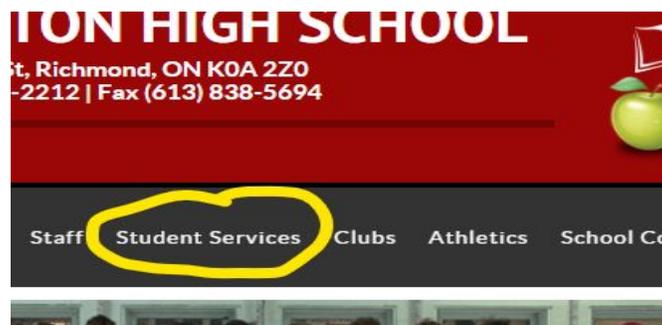
I am here to answer your questions - without a mask! Yay!

A Google Meet is great for a casual get-to-know-me gathering, but you may want to have a meeting to ask about stuff without other students being around. I totally get that too. :)

If you would like to have a personal Google Meet - we call it a Virtual Guidance Appointment - it is really easy to do.

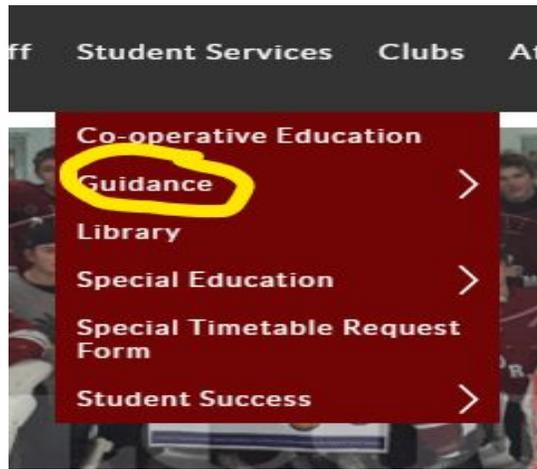
Go to the SCHS Homepage: <https://southcarletonhs.ocdsb.ca/>

Then, click on Student Services:



(keep scrolling...)

And then Guidance:



See?

Once you click on Guidance you will come to *this* page:

SOUTH CARLETON HS / STUDENT SERVICES / GUIDANCE

GUIDANCE

IT IS OUR PLEASURE TO SERVE OUR STUDENTS AND PARENTS TO ENABLE STUDENT SUCCESS!

Counsellor Assignment 2019-2020

Student LastName	Counsellor	Extension	Email Address
All Grade 9s	Rhonda Pike	2014	rhonda.pike@ocdsb.ca
A-K Grades 10 -12	Mellissa Wright	2016	mellissa.wright@ocdsb.ca
L-Z Grades 10 - 12	Sheri Eady	2015	sheri.eady@ocdsb.ca
Admin Support	Joanne McCallum	2011	joanne.mccallum@ocdsb.ca

BOOK YOUR GUIDANCE APPOINTMENTS ONLINE!

PLEASE REMEMBER: if you need to see your counsellor for something time sensitive, or for a personal matter, come to Guidance and see Ms McCallum.



Sheri Eady



Rhonda Pike



Mellissa Wright

me!

[You Can Book Me Instructions](#)

4

Click on my name and find a date and time that works best for you. Morning appointments are for the days you are at home, while the afternoon appointments can be for anyone.

I am your person.

Don't be shy about asking questions because I love questions! And the best part of my day is talking with students - YOU!

I'm looking forward to meeting as many of you as possible over the next few weeks.



See you Wednesday!

- Mrs. Pike