

SOUTH CARLETON HIGH SCHOOL**Ottawa-Carleton District School Board****COURSE OUTLINE****PAD40 - Grade 12 Outdoor Education**

Credit Value: 1 credit

Hours: 110

Prerequisite: None

Course Description

PAD40 is a senior level course designed to provide a progression and a challenge for those students coming from PAD30 or PAD20. The practical component of this course offers students the opportunity to build their skills in the following outdoor activities such as tandem and solo flat water canoeing and related water safety skills, Individual & Group Menu Planning, Leave No Trace camping principles, Classical and Nordic cross country skiing, archery, hiking and orienteering. The theoretical component of this course builds on concepts introduced in PAD30. Concepts covered may include; developing and implementing practical and theoretical risk management techniques, planning and organizing Outdoor excursions, Developing Leadership, Respect and Decision making skills to influence positive group dynamics. Field Trips are integral component of this course and may run during the week and weekends. Overnight field trips are usually longer than three days, two nights in length. Trips typically offered include day trips to Coyote Rock Climbing Gym, Bill Mason Centre, Mac Skimming, and Scuba. Overnight trips may include Lac Poision Blanc, Crotch Lake, Palmer Rapids, Mont Tremblant National Park, Adirondacks. Order and type of outdoor activities offered will vary from one semester to another.

Course Overview

Strand	Curriculum Expectation
Physical Activity	
P1	Demonstrate personal competence in applying movement skills and principles;
P2	Apply their knowledge of guidelines and strategies that can enhance their participation in outdoor recreational and sports activities.
Active Living	
A1	Participate regularly in a balanced instructional program that includes a wide variety of enjoyable physical activities that encourage lifelong participation
A2	Demonstrate improved physical fitness
A3	Demonstrate responsibility for their personal safety and the safety of others in outdoor settings
Healthy Living	
H1	Demonstrate an understanding of the dynamics of an accident model and can develop risk management strategies when planning outdoor activities;
H2	Demonstrate an understanding of strategies that promote personal safety and prevent injuries;
H3	Demonstrates ability to plan and organize outdoor excursions that promote healthy active living for self and others;
Living Skills	
L1	Use decision-making and goal-setting skills to enhance their daily lives
L2	Demonstrate an understanding of the importance of respect for self, respect for others and respect for the environment
L3	Use social skills to work effectively in groups and enhance relationships.

Accommodations for Exceptional Students

The Outdoor Education Program makes every effort to accommodate the identified needs of exceptional (IPRC'd) students and will attempt to differentiate curriculum delivery methods, student modes of expression, and assessment methods as recommended by the student's individual education plan (IEP).

Career Planning

The Outdoor Education Program makes every effort to ensure that students are aware of career opportunities related to various fields of Outdoor Education under study, and describe the contributions of Outdoor Education Leaders, including Canadians, to those fields.

Evaluation

Term Evaluations (70%)	Summative Evaluation (30%)
Students will be evaluated according to the overall expectations of the Ontario curriculum.	<i>Summative Tasks include but are not limited to; a overnight hiking/canoe trip(s), reflective essay, a rich assessment task.</i>
<i>Assessment tools include both summative and formative tasks including but not limited to; tests/quizzes, assignments, projects, journal reports, reflections, skill based performance tasks and rich assessment tasks</i>	<i>Summative evaluation will be completed before the exam period begins, summative dates will vary depending on term.</i>

STUDENT RESPONSIBILITIES

1. Students are required to attend classes regularly, dress according to weather, maintain a positive attitude, to participate in physical activities to your fullest potential and submit all assigned work.

2. More information on South Carleton High School's policy on Assessment and Evaluation, on Academic Integrity, on punctuality, absenteeism and examinations can be accessed on our school website.