








# Transition Planning for Youth with Intellectual Disabilities

The OCDSB's Transition Team in Learning Support Services (LSS) invites families, caregivers and youth with developmental disabilities to learn more about how to navigate life after high school.

## Video Series and Virtual Q&A Sessions

We will host weekly question and answer (Q&A) sessions to help you navigate supports, programs, and opportunities. To participate, watch the pre-recorded information videos below, then join the Q&A session linked under each session.

<p>Videos</p> 	<p><b><u>Navigating the System</u></b></p> 	<p><b><u>Community/ Day Programs</u></b></p> 	<p><b>1 Post-secondary Education</b> <b>2 Employment</b></p> 
<p>Q&amp;A Sessions</p> 	<p>Tuesday, January 14 6:00 p.m. to 7:00 p.m.</p> <p><a href="#">Join Q&amp;A</a></p>	<p>Tuesday, January 28 6:00 p.m. to 7:00 p.m.</p> <p><a href="#">Join Q&amp;A</a></p>	<p>Tuesday, February 4 6:00 p.m. to 7:00 p.m.</p> <p><a href="#">Join Q&amp;A</a></p>

## Resource Fair

Thursday, February 13 5:00 p.m. - 8:30 p.m.

Confederation Education Centre 1645 Woodroffe Ave, Nepean, ON K2G 1W2

Meet a variety of service providers in the Ottawa region and learn about programs available for youth with an intellectual disability, including:

- Service coordination
- Developmental Services Ontario (DSO)
- Community day programs
- Recreational programs
- Sports
- Housing
- Family networks

Presented in partnership with the Ottawa Catholic School Board.